



PARABOLIC

NFL DRAFT PREPARATION

The mission for the Parabolic NFL Draft Prep program is to provide a position specific and a personalized training experience for every athlete who comes through our doors.

The goal is to drive each athlete up the draft board, up the depth chart and to extend and enhance careers by providing a world-class experience.

Program includes:

- Strength & Power Training
- Physical Therapy/Recovery
- Combine/Pro Day Field Drill Specific Training
- Positional Training
- Individualized Nutrition Coaching
- Sports Psychology/Wonderlic Prep

2019 Positional Coaches

MIKE BURTON
BENNETT JACKSON
BRIAN LEONARD
GARY NOVA
J'VONNE PARKER

JOSUE MATIAS
TIM WRIGHT
WILL WILKES
MIKE CAMPBELL
STEVE LONGA

Parabolic NFL Draft Prep Alumni

MIKE BURTON, FB – Chicago Bears
WILL TYE, TE – New England Patriots
TYRELL WILLIAMS, WR – San Diego Chargers
SETH DEVALVE, TE – Cleveland Browns

STEVE LONGA, LB – Detroit Lions
JOE CALLAHAN, QB – Green Bay Packers
JORDAN LUCAS, S – Kansas City Chiefs
TREVOR SIEMIAN QB – Minnesota Vikings



Information

December 10, 2018 – January 4, 2019: \$249/week

Includes

- 3 days per week - 90 minute session in the weight room
- Corrective Exercise Prescription
- Strength and Power Base Building
- Posture & Mobility Restoration
- 1 time per week - 60 minutes On Field training
- Exposure to Field Drills
- Fundamental Speed & Agility Drills

January 7, 2019 - March 15, 2019: \$450/week

Includes

- Physical Therapy*
- Combine specific drills and strengths training 5 days per week
- 2 positional days, chalk talk and film review
- Meals provided by Clean Eats*
- Nutritional supplements
- Interview preparation/Wonderlic testing
- Onsite massage therapist
- In house video production to maximize player exposure
- Increased visibility on a national level via our social media channels
- Social Media Training

*Ala carte pricing– speak to a Parabolic team member for more information

